

**PUBLIC PROGRAMS**

- Scheduled Recreational and Lap Swims
- Senior Citizen Programs
- Swimming Lessons (Tots, Preschool, Youth, Adult)
- Water Exercise Programs
- Pool Party Rentals
- American Red Cross Safety Courses
- Special Community Events
- Regional Training Center for
- Competitive Aquatic Sports
- Banquet Hall Rentals

**UPCOMING EVENTS**

- Jun 25-27 West Coast Invitational
- Jul 9-11 Water Polo Tournament
- Jul 24 Midlakes Swimming Championship
- Jul 29-Aug 1 PNS Long Course Swimming Champs
- Aug 2-on Facility Maintenance Closure



**King County**

**Weyerhaeuser King County Aquatic Center**  
 650 SW Campus Drive, Federal Way, Washington 98023-8425  
 Seattle (206) 296-4444 Tacoma (253) 927-5173  
 Visit our website at [www.kingcounty.gov/parks](http://www.kingcounty.gov/parks)

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**King County**

**Summer Schedule**  
**June 21 - September 5, 2010**  
 Seattle (206) 296-4444  
 Tacoma (253) 927-5173

**Recreation Pool**

| Hours       | Monday              | Tuesday           | Wednesday           | Thursday          | Friday              | Saturday               | Sunday                 |
|-------------|---------------------|-------------------|---------------------|-------------------|---------------------|------------------------|------------------------|
| 8:00am-9:00 | Low Impact Exercise | Adult/Senior Swim | Low Impact Exercise | Adult/Senior Swim | Low Impact Exercise | Events                 | Events                 |
| 9:00-11:30  | Lessons             | Lessons           | Lessons             | Lessons           | Lessons             |                        |                        |
| 11:30-12:30 | Family Swim **      | Family Swim **    | Family Swim **      | Family Swim **    | Family Swim **      | 11:30-1:30 Public Swim | 11:30-1:30 Public Swim |
| 12:30-1:30  | Ad/Sr Lap           | Ad/Sr Lap         | Ad/Sr Lap           | Ad/Sr Lap         | Ad/Sr Lap           |                        |                        |
| 1:30-3:30   | Public Swim *       | Public Swim *     | Public Swim *       | Public Swim *     | Public Swim *       | 1:30-Rentals           | 1:30-Rentals           |
| 4:30-7:30   | Lessons             | Lessons           | Lessons             | Lessons           | Until-7:00 Rentals  |                        |                        |
| 7:30-8:30   | Public Swim *       | Public Swim *     | Public Swim *       | Public Swim *     | Public Swim *       |                        |                        |

\* Children younger than 6 years old must each be supervised in the water by an adult within arm's reach at all times  
 \*\* During Family Swims, all children must be accompanied in the water by an adult (one adult per three children)

**SWIMMING LESSONS**

**Morning Sessions**

**(1/2r, 9:00-11:30am, M-F)**

**Monday-Friday**

Jun 21-Jul 2 (9 lessons) no lesson 6/25  
 Jul 5-Jul 16 (9 lessons) no lesson 7/16  
 Jul 19-Jul 28 (8 lessons) no class 7/29 & 7/30  
 Aug 2-Aug 13 (10 lessons)  
 Aug 16-Aug 27 (10 lessons)

Deep water classes may not be available 8/2 or 8/16 session (Y4, Y5, Y6)

**Evening Session**

**(1/2 hr, 4:30-7:30pm (M&W, T&Th)**

**Monday & Wednesdays**

Jun 21-Jul 21 (10 lessons)  
 July 26-Aug 25 (10 lessons)  
 Deep water classes may not be available this session (Y4, Y5, Y6)

**Tuesday & Thursday**

Jun 22-Jul 22 (9 lessons) no lesson 7/15  
 July 27-Aug 26 (9 lessons) no lessons 7/29  
 Deep water classes may not be available this session (Y4, Y5, Y6)

**CANCELED SWIMS**

July 3-4 (4th of July Holiday)

Check with pool for any cancelled swims during August



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**2010 POOL FEES**

**Competition Pool**

| Hours        | Monday        | Tuesday       | Wednesday     | Thursday      | Friday        |
|--------------|---------------|---------------|---------------|---------------|---------------|
| 5:30am-8:00  | Lap Swim*     |
| 5:30am-11:30 | Team Training |
| 11:30-1:30pm | Lap Swim*     |
| 11:30-6:30   | Team Training |
| 6:30-8:00    | Team Training |
| 8:00-10:00   | Team Training |

\* To maximize use of the facility, team workouts are scheduled during lap swim times. Lanes for lap swimmers may be limited. The competition pool is currently set at 50 meters and ranges in depth from 9 to 10.5 feet. It is intended for lap swimming only. The starting blocks are closed to lap swimmers. Entry into the water must be done in a careful, feet-first manner only. Circle swimming is required in lanes with 3 or more lap swimmers. Participants may be asked to pass a 50-meter swim test to be allowed to swim in the competition pool.

**Canceled Swims:**

Jun 25 all day  
Jun 26-27 11:30-1:30  
Jul 3-4 11:30-1:30  
Jul 10-11 11:30-1:30  
Jul 29-Aug 1 all day  
Aug 2-on all day

**Events:**

West Coast Invitational  
West Coast Invitational  
4th of July Holiday  
Water Polo Tournament  
Pacific NW Swimming Long Course Champs  
Facility Maintenance Closure (about two weeks)  
Check with pool for cancellation dates

**LESSONS**

Swimming lessons for all abilities are available for students year-round from ages 6 months through senior citizens. Pre-tests are held free of charge to determine proper class level placement. Specialty courses are offered including: CPR, First Aid, Lifeguard Training and Water Safety Instructor training. Private and semi-private lessons are offered on a very limited basis. Please call for the class schedule and registration information.

**GENERAL ADMISSION (Tax Included)**

**Recreation Pool:**

Rec Pool Family Swim\*\* \$3.25  
All participants  
Public Swim\*\* \$3.25  
Children, Adults & Sr Citizens  
People w/Disabilities \$3.25  
Rec Pool Adult & Senior Lap Swim \$5.00  
Adult  
Sr Citizen (62+) & Disabled \$3.75  
Shower \$3.25

**Competition Pool:**

Comp Pool Lap Swim \$5.00  
Sr Citizen (62+) \$ People w/Disabilities \$3.75

**Low Impact Water Exercise (Rec Pool)**

Adult \$6.25 - 10-visit Card \$56.25  
Sr Citizen (62+) \$4.75 - 10-visit Card \$42.75

\* Each child younger than 6 yrs old must each be accompanied in the water by an adult  
\*\* All children must be accompanied in the water by an adult during Family Swims (one adult per three children)

**RENTALS**

Great for birthday parties, private groups and business meetings. Scheduled during non-program hours.  
Rec Pool, 1-25 people \$115.00/hour  
Rec Pool, 26-60 people \$145.00/hour  
Party Room Rental \$37.00/hour  
Lobby Rental \$89.00/hour  
+ staffing & deposits

**POOL PASSES**

Save money while you swim! Swim at least three times per week to save money. Passes make great gifts.

| Type                    | 3 Months     | 1 Year       |
|-------------------------|--------------|--------------|
| Youth (1 year-17 years) | \$107.50+tax | \$312.00+tax |
| Adult                   | \$156.75+tax | \$456.00+tax |
| Family                  | \$275.00+tax | \$650.00+tax |
| Senior Citizen(62+)     | \$107.50+tax | \$273.00+tax |
| Disabled                | \$100.00+tax | \$260.00+tax |

**GIFT CERTIFICATES**

Give the gift of health! Good for any programs.

**TELEPHONE RELAY SERVICE: 711**

